

Springbank Cottage Childcare Ltd. September 2015 Newsletter

Parents,

Welcome back to all returning families and a big hello to our new families. Now that we are back into school mode there are a few reminders. When dropping off or picking up your child you must remember to sign them in and out everyday and at the end of each week. Each room has the child's sign in sheets, if you are dropping off more than one child please make sure to sign them both in and out.

Email Address : Kathy@springbankcottage.ca Please use this email address the other one is no longer in use.

Locked Front Door

For all of our parents as part of our safety procedures our front doors are locked from 9:00 – 3:00 each day. You will find a door bell to the left of the doors that will allow you entrance in during these hours.

AM and PM snacks

We supply morning snack for all children attending school from 7:45 – 8:15 every morning and all other children that attend Pm Kindergarten or are in the Daycare Room will be served snack at 8:30 each morning. Please keep in mind this is a snack not a full breakfast, please make sure that your child has eaten breakfast before coming to the center as they may not want what is being served each day. The last thing any of us want would be a child going to school hungry.

Monthly Fees

I have attached a fee schedule listing the increases. You have the option of Leaving us posted dated cheques for September – June, dated for the first or the fifth of each month. Please keep in mind the year changes in January. The other option is E-transfers. You will receive your invoice and receipts on line.

Statutory Holiday List

Our first Stat Holiday of the school year is September 4, 2015, Monday. The center will be closed. I have attached a copy of our closure dates. This list will also be posted in the rooms as well as the hall on the Parent Board.

Illness

The health and wellness of the children is very important to us. If your child is vomiting in the night, they should stay at home the next day as a precaution. Alternatively, if they wake up with a fever, green mucus running out of their nose, pus in their eyes, a wet heavy cough, please don't send them to

cottage. If your child is “out of character “(whining, tired and or pale) we will take their temperature, if their temperature is 39 degrees Celsius or higher we will call and ask that you pick up your child. We do not administer Tylenol or Advil at Cottage. If these medications are needed your child should not be at daycare where they may spread possible virus and infections. Any prescribed medication must arrive at the **center in the original bottle with applicator if required – please do not measure and bring ua prefilled medication syringes as indicated in the Parent Handbook.** We are a nut free center: we have children in our care that are highly allergic to them and all nut based products. We are asking for your indulgence that cottage stay a nut free zone.

Extra – Curricular Activities offered in the Fall :

Yoga Classes- Yoga classes will run every second Thursday starting in October

Karate Classes – Arashi- Do- Martial Arts : Classes: Classes are offered in the white hall directly behind us. Trevor has arranged classes on Tues. and thurs. at 4:45 for all of our children from the center. We have arranged a drop off of the children on both days, but you will have to pick them up after your child’s class is done. There are other days offered but you will have to arrange to get your child to and from the classes. For further information please contact Trevor at Trevor@www.arashido.com

Dance Classes : We are very excited to announce that Miss Devon would be interested in running a mixed dance class here at the center. If you are interested in the class please contact

Devon Maillot –www.springbankdancers.com 403-276-7918

Movie Night – We will be offering our monthly movie nights starting in September. The first movie night will be held September 25. 6:00 – 10:00 p.m. We will post on the easel and the hall monitor as you enter the building. Movie night consists of supper, snack and movie. The children are invited to bring PJS, stuffy and blanket to make it more like home.

Registration Forms- We ask that all information on your child’s registration form be current and updated as needed. If there are too many changes made on the form you will be asked to fill out a new form. If your child is entering grade one you must fill out a BAS Registration Form.

Daycare/Preschool Room – September, 2015-08-21

Welcome back to Cottage families who have been away for the summer, and a special welcome to our new Cottage Families! We have had a fun summer, enjoying the weather, water fun and many field trips. The daycare is home away from home. It is very important to us that your child spends their day in a safe, nurturing, stimulating and developmentally appropriate environment. Each day the children learn about science, math, literacy, music, art, physical activities including fine and gross motor activities, all through fun and play. We use the emergent curriculum to plan our weekly themes, based on observations we make during daily activities. If you have work or cultural experience you would like to come in and share with us, we would welcome you. Outside the Daycare Room on the sign in table, you can find our Communication book. Please feel free to write any information we need to know about eg. early pick-up. Also, inside the Daycare Room on top of the wooden cubbies is a suggestion box – please feel free to leave us a suggestion on the pad of paper provided. We welcome your input.

We are hoping to start a Dance program in the Fall, please contact Devon if you are interested.

If your child will not be coming due to illness or appointments, we appreciate a phone call or email.

REGISTRATION FORMS AND CONTACT INFORMATION

If any of your contact information changes such as address, phone numbers or email, please let us know as soon as possible so your child's contact information is current.

As Fall approaches, temperatures will cool down, please ensure your child comes well equipped for each day. Create a fun evening activity checking your child's backpack contents to ensure they have a complete change of clothing; hat, water bottle (to go home every Friday for a good wash) and a jacket. Towels and bathing suits are no longer a requirement for Fall. The children require a separate pair of Velcro runners (no crocs, flip flops or slippers – not safe) to be left in their cubbies at Cottage. Outdoor (or shoes worn outside) must be removed and stored on the blue boot racks inside the front entrance. The children should come into the daycare room in their socks and change into their indoor runners. The consistency of this routine helps the children develop independence, a sense of ownership and pride. Please help your children by guiding them through this process. Wearing their indoor shoes home confuses the children when routines are not consistently followed and reinforced.

BIRTHDAYS

Birthdays are very special! If you wish to send in treats for the group to share at snack time, we are happy to make snack time very special on Birthdays.

MUST HAVES EACH DAY FOR DAYCARE:

Lunches: Ice Pack, hat, water bottle, indoor Velcro runners, separate outdoor shoes, jacket, complete change of clothing: underwear, pants/shorts, shirt, socks (leave in a Ziploc style bag in the top of their cubbies with their name on the bag please).

In the Daycare Room, popcorn is not considered a safe snack due to choking danger in younger children. No nuts or nut products whatsoever – Nutella, peanut butter, granola bars containing nuts, cereal with nuts, cookies etc. Please check food labels, we have children that have severe allergies and carry EpiPens with them.

LUNCHES AND SNACKS

Lunches should contain:

- Main Course (“growing food” – pizza, sandwich, soup, macaroni, leftovers etc.
- Raw and or cooked vegetables your child likes (please slice carrots etc. lengthwise)
- Fresh fruits (slice grapes, de-pit cherries)
- Yogurt – tubes etc., granola bars, yogurt drinks, cookies, cheese & crackers
- Children may choose one “treat” you send, eg. Gummies at lunch and one “treat” at afternoon snack at the end of eating other food groups.

SHOW AND SHARE

Show and Share will be on Wednesdays. One item per child please, there isn't enough time for each child to show two or three items. Thanks!

VOLUNTEER FORMS

We love volunteers at the center, however, if you want to join us on a trip or spend time in the classroom, we require you to fill out a volunteer form and provide us with a current Police Check as indicated in the Parent Handbook.

ILLNESS

We have described our illness policy in the first page of this newsletter, please review this information. Also, please review the Daycare Parent Handbook.

FAMILY WALL A fun and very important area in the Daycare is our Family Wall. This is a collection of pictures of all children and their family members. The children love to look at, talk about and visit the Family Wall. We would appreciate if you can send in a family photo as soon as possible. This Family Wall is also a great source of comfort to a child who is missing a parent. They can visit the wall and we talk about their family, work, hobbies etc. Thanks for making this project a success!

SIGNING YOUR CHILD IN AND OUT EACH DAY

Please remember to sign your child in each day and out at the end of the day. At the right hand side of the sign in sheet, please leave your autograph in the space for “week end” to sign-off each week.

We look forward to working and playing with your children as they grow and learn each day. If you have any questions or concerns, please do not hesitate to let us know. We respect each child as a unique individual with different personalities, interests and abilities. Making new friends, playing and having fun each day in a supportive environment is our priority for your children!

Nina, Sholeh, Flor

Kindergarten

September Newsletter

Welcome to our new friends, and welcome back to our returning families. We hope everyone is enjoying the last few weeks of summer. While we wiled away the lazy hazy days of summer here at cottage, we had lots of fun going on field trips and had many visitors come to us. With back to school in the wings there are just a few housekeeping things we need to take care of. Please make sure that your child is prepared fro daycare and school by ensuring that they are equipped with the following items:

- ❖ Indoor shoes, suitable for running in the gym.
- ❖ Water bottle labelled with name
- ❖ Change of clothes in case of spills or accidents. (kept in cubby or locker)
- ❖ As the weather changes weather appropriate clothing articles will be required:

IE: boots, hat, gloves, rain or snow pants, jacket etc.

All items brought to and left at Cottage will need to be labelled with the child's name clearly printed on the item.

Absent Children

If your child is going to be absent please let us know so we are not looking for them after kindergarten. Please call the cottage office, text the cottage cell phone or send us an email. Please keep in mind that if you email us there may be a delay in us receiving the information. Please ensure that we are aware of the child's absence 1 hour before the scheduled pick up time.

AM &PM Snack

Snacks are provided by cottage however you may provide a snack for your child if you choose. AM snack is scheduled for 8:15 am and PM snack is scheduled for 2:30 pm. Afternoon kindergarten will have snack upon arrival from school.

Lunch

_We are a nut free center, no foods that may contain nuts will be allowed in the building. Please make sure to pack a nutritious lunch. We follow the Canada Food Guide. There is a microwave in the class should your child's lunch require re-heating. The cottage is well equipped with cutlery and dishes, if required. Please be sure to include an ice pack to keep the food cold. If your child is in kindergarten you must pack a separate snack for school. This snack will remain in their backpack.

Children's Birthdays

Each child and their birthday are very special. If you wish to bring a special snack for your child to share, it will be served during the PM snack.

Illness

The illness policy is outlined in the parent handbook, for your reference. Please refer to the handbook for guidelines regarding your child and the cottage during an illness.

Pick up and drop off for children:

All morning kindergarten children will be walked down and taken to the assigned door. They will line up with their class and teacher. They will be picked up at their classroom door and returned to cottage for lunch.

PM kindergarten children will be taken down after lunch, to their assigned classroom and brought back to daycare for the balance of the day.

Our Family Wall

Here at cottage we are completing a "What is your Name" poster and displaying it on our bulletin board located in the classroom. We are asking each family to provide an individual picture of your child as well as a family photo so these can be added to the poster.

Sharing Day

The children are invited to bring a special toy or item that they would like to play with and share with their friends during free play time. This special day is **Thursday** of every week, unless otherwise stated. Please remember that in fairness to other children, toys or other special items will have to remain in the child's cubby should they be brought on other days.

We thank you in advance of your participation and support and look forward to getting to know you and your child in the coming year. Should you have any concerns or questions please do not hesitate to ask Lorraine or Rachel.

Before and Afterschool Grades One to Six **September Newsletter**

We would like to welcome our families back to the program, including the grade One children that will be joining our room. We had a very busy summer travelling to Calaway Park, Prairie winds, The corn maze and water play at the center. Hard to believe that summer is now over and we will be welcoming Halloween and the Christmas!!

Items your child needs:

-Indoor shoes - water bottle - proper clothing as per weather - change of clothing - Family photo

Meeting Place:

As we have new families joining the program we want to go over our meeting place for the parents and children. We will be wearing Yellow fluorescent vests standing at the top of the hill by the kindergarten doors. Please make sure that your child understands how important it is to meet us promptly afterschool, this especially is important on very cold or rainy days. We also ask that if you would like to take your child/children to school the first few days please accompany us at least once so they know where we go and the routine.

Show and Share:

_ Show and is on Fridays, this way the children will have more time to use the items they bring.

Signing in and out:

_Please make sure you have signed your child in/out each day. Although our staff are aware of how many children we have because we have our own check list, it is important for licensing regulations that this be done by a parent/guardian.

Absent children:

_This is one of the most important things that a parent can do for our staff and the safety of the children. If your child is going to be away from school or being picked up from school, you must let us know. Please call the school as well as the cottage to let us know by 1:00 PM. **We have a staff cell phone that receives text messages the number is 587-830-0074.**

Illness:

We would like to remind the parents about the Illness Policy please review in Parent Handbook. –If your child is too sick to attend school then they are also too sick to join us at cottage. We cannot collect your child from school and keep them at cottage until you can pick up.

- Please do not medicate your child so they can attend the cottage as this only lasts a few hours and symptoms return.

Staffing:

Melissa, Cathy.O, and Taija will be the Before and Afterschool staff this year please forward any question, comments, or concerns to them. 😊